



REQUIRED READING LIST

For Craniosacral Classes C1 Through C7

Hugh Milne, 'The Heart of Listening: A Visionary Approach to Craniosacral Work'
North Atlantic Books, 1995, Verlag Via Nova, & Éditions Sully 'Au Coeur de L'Ecoute'

<u>Class</u>	<u>Chapters</u>	
C1	1, 2, 4, 6, 16, 17	Required
	21, 22, 23, 24, 25, 26, 27, 30, 31, 34	Recommended
C2	14, 18, 36, 39, 44	Required
C3	10, 11, 14, 17, 22, 23, 25, 45	Required
C4	10, 20, 37, 38, 41	Required
C5	7, 8, 9, 19, 24, 28, 29, 32	Required
C6	11, 12, 13, 15, 33	Required
C7	34, 35	Required

Visceral Manipulation

Eric U. Hebgen 'Visceral Manipulation in Osteopathy' Georg Thieme Verlag (English), 2011

Eric U. Hebgen, 'Viszeralosteopathie - Grundlagen und Techniken' George Thieme Verlag (Deutsch), 2003