

# Session Notes

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Practitioner:

Client:

Date:

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## Mindful Inquiry Process

Intention:

Internal Obstacles:

Supporting Self-Agency:

Transforming Patterns:

Primary Symptoms and Relevant Medical Conditions: (from health history/medical intake process)

# Manual Therapy

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General Listening Evaluation

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Local Listening Evaluation

Technique/Contact	Sequence/Duration	Observations/Perceptions

Client Feedback:

Reflections: